

THE LUXE LEDGER — VOL. 7 | DECEMBER EDITION

“Grateful Energy, Glow-Up Season & Wheels Up for 2026”

Life is not always about Insta-pretty moments.
 Sometimes it throws you a plot twist that steals sleep and little pieces of joy.
 But you can still win every single time- if you decide to rise back up.
 And this year, that’s exactly what I did.



This year, ‘I CHOSE MYSELF’

I chose myself’ & welcomed a new knee

Yes- A new knee

For 12 years, my right knee has been the loudest, most disrespectful character in my story.

A bad **motorcycle accident** left me with **serious damage** and **arthritis** that never really took a day off.

So in **August 2025**, I finally said **YES** to a **full knee replacement surgery**.

But let me tell you **it was not easy at all**.

Surgery day had me feeling brave one minute and ready to bolt out the hospital the next.

Thank God for my brother, though...

because he was right there beside me, cracking jokes at the worst and somehow turned one of the scariest days of my life into a moment I will always remember with softness and gratitude.

Whew. That was a whole different lesson.

So yes- 2025 was the year of:



Recovery, even when it was messy



Resilience, especially on the hard days



Radical self-care, where rest is essential



Fiji Fantasy

An island that reminds you made it through- a whole dream wrapped in warm sunsets, soft ocean breezes, and the kind of peace you can feel.

And after months of recovery, the universe said,

“Baby, pack a bag- your joy is waiting.”

So yes... from hospital gowns to island crowns, there were my

‘Travel Wins of 2025’



London Love

A colorful coat, Big Ben photobombing every picture, city sparkle everywhere, and tea time that felt like a warm hug for the soul.



Irish Dream

Lush green gardens, stately views that stop you mid-step, calm mornings, and a wave of gratitude that settles in deep.



All these weren’t just vacations -they were earned celebrations after becoming a ‘Top Producer of 2025’ in my insurance world.

And through every flight and every sunset, travel became my medicine this year and a reminder that healing is worth the work, and joy always finds its way back.

Also 2025 taught me that you never rise alone.

Every win, every laugh, every healed step this year came with someone standing beside me, cheering me on, or lifting me up when I needed it most.



So this is my moment to say

“Thank You...To Everyone Who Rode With Me This Year...”

- ▶ To my podcast listeners for letting my voice ride along you.
- ▶ To my newsletter fam for reading, replying, sharing, and showing up every month.
- ▶ To my incredible insurance clients for trusting me with your security and stability.
- ▶ And of course, to my family and friends -especially during the toughest part of my year.
- ▶ From holding my hand in the hospital to checking on me at 2 a.m., to making sure I laughed on days when movement hurt... I felt the love every single moment.
- ▶ And to my community - the DMs, the comments, the shared posts, the voice notes, the random “just checking on you” messages...



You have no idea how much that energy carried me and I am stepping into 2026 with a full heart because of you.

Catch all episodes on:

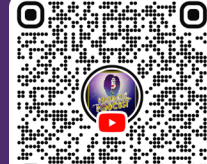


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PODCAST REWIND 2025

If you missed a few, December is your binge month, honey.

Grab a latte, and catch up on the Broads who kept us sipping all year long.

Here's your quick rewind of

"7 Episodes, 7 Reasons to Press Play"



#60 — "STAGING FOR LIFE" (WITH KIRK GREEN)

Reinvention, fear, self-awareness — Kirk shares how to flip your mindset like a room makeover, plus ShanShan spills travel tea from Berlin, Prague, and Vienna.

#61 — "WORK IT OUT! HOMES, HEALTH & HEADLINES"

A powerhouse finale with Coach Heather Thomas breaking down wellness routines, plus real estate hot takes from Collin Ellingson. Health + housing + headlines - all in one juicy episode.

#62 — "BITCHMANCE: WE ARE BACK, BROADS!"

After a five-month hiatus, ShanShan and Devin return with laughs, memes, hot topics, and enough tea to hydrate LA.

#63 — "SELF LOVE VS. SELF IMAGE" (WITH DUSTIN RIPKENS)

From Germany to LA, Dustin's story is equal parts heart, hustle, and healing — plus lessons on building confidence from the inside out.

#64 — "MANIFESTATION AIN'T WOO — IT'S WORK AND WISDOM"

Holistic queen Sharon Williams drops spiritual gems and business moves behind Nappily Naturals' expansion — manifestation with receipts.

#65 — "STAY CALM AND GET STRAIGHT" (WITH DR. VERMA)

Back pain decoded! LA's top spinal surgeon breaks down spine myths, surgery facts, recovery must-knows, and how to protect your back for good.

#66 — "EAT YOUR HEART OUT LA" (WITH DAISY MILES)

A delicious deep dive into Black LA Food Tours - the flavors, the culture, the business journey, and the joy that comes with breaking bread together.

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SHANINSURE CORNER:

Listen, Broads -the holidays are fun and festive, but they're also the perfect time to make sure your insurance game is as cozy and secure so...

- ▶ Before holiday guests start flooding in, review your home or renter's policy-one quick check now can save you from expensive surprises later.
- ▶ If you're hitting the road or traveling this season, check your auto coverage first because small updates can save big headaches.
- ▶ And remember real self-care is not just candles and serums- peek at your life or disability coverage (or that emergency fund) so your future stays as secure as your edges

After all you deserves good coverage, babe..

Visit shaninsure.com for a quick review or quote.

Holiday Sip of the Month

Every holiday season deserves a drink that lift your holiday mood- so let me introduce you to **The Queen's Holiday Glow** - the one I order when I'm out with friends and want a lil' drinky-drink that won't fight my stomach.

It's my twist on a classic -an 'Espresso Martini'... but with tequila.

Vodka and I are not friends, honey, so this version gives me the flavor, the smoothness, and the vibes without the drama.

CHEERS!

An espresso martini with tequila takes everything you love about the original - the bold espresso, the silky feel, the evening glam and upgrades it with a warm, richer tequila base (I love a reposado). Shake it cold, pour it smooth, sip it slow... it's holiday magic in a glass.



Ingredients:

- 1 oz reposado tequila
- 1 oz chilled espresso
- ¾ oz coffee liqueur (Kahlúa, Tia Maria, etc.)
- (Optional) ½ oz simple syrup for a little sweetness
- (Optional) 3 coffee beans for garnish

How to Make It

- 1. Combine:**
Add tequila, chilled espresso, coffee liqueur, and simple syrup to a shaker filled with ice.
- 2. Shake it up:**
Shake vigorously until the shaker feels frosty - that's how you know it's right.
- 3. Strain:**
Double strain into a chilled coupe or martini glass for that smooth, velvety finish.
- 4. Garnish:**
Drop in three coffee beans like the classy Broad you are.

Non-alcoholic twist:

Swap the tequila for a splash of vanilla syrup and add extra chilled espresso -same holiday glow, zero buzz.

TALK BACK CORNER!

Before we close this chapter, I want to hear from YOU. Because your stories always inspire me right back- so tell me

'Your 2025 Win Check-In'

- ▶ What was your biggest win of 2025 - the one that made your heart say "I did that"?
- ▶ And what place is calling your name for 2026?

DM me, or tag [@abroadpodcasts](#) or [@queenshanshan](#).

I'll be sharing a few in January's edition because your wins deserve a spotlight too.

RIDDLE ME THIS

What has many rings, but no fingers?

Send your guess my way!
One Broad will get a special shout-out next issue - bragging rights included.

See You in 2026, Honey!

As we close out this year, my heart is full. Full of gratitude for healing. Full of love for everyone who supported my work, or simply kept me in their thoughts.

I'm wishing you health, mobility, joy, and a passport that never stays empty for long. Take this season to breathe.

To rest.

To dream.

To imagine a version of yourself that feels even more alive in 2026.

- With love & a fresh passport page,
Queen ShanShan

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